

FamilyLife Blended® Radio Transcript

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Kids: I'm Confused (day 3 of 4)

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Ron: This week I'm talking to kids in single parent and stepfamily homes—and the adults who love them.

Announcer: For FamilyLife Blended®, here's Ron Deal.

Ron: Kids, have you ever felt happy and sad about your family, all at the same time? Or maybe sometimes you like your stepparent, but want to push away from them in the very same moment. Yeah, it's confusing. See, there are good things about your family and a few things, that if it were up to you, you'd change in a heartbeat.

So, here are a couple of tips for you. To deal with those confusing emotions give yourself permission to feel all of them. Then make the choice to live with the situation and make the best of it. This doesn't mean you're thrilled about everything. It just means you are finding a way to cope. And with God's help, you can. For FamilyLife Blended, I'm Ron Deal.

Announcer: To find out more visit familylifeblended.com.

FamilyLife Blended with Ron Deal is a production of FamilyLife.

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