

FamilyLife Blended® Radio Transcript

References to conferences, resources, or other special promotions may be obsolete.

Well Worth the Effort

Air Date: December 21, 2022

Ron: Healthy co-parenting is hard. So, is it worth all the hard work?

Announcer: For FamilyLife Blended®, here's Ron Deal.

Ron: Maybe you've heard of co-parenting. It's increasingly common these days, and takes place, for example, between ex-spouses or when a single parent and grandparent are working together. When we get it right, there are a lot of benefits.

It reduces loyalty conflicts in children. It decreases resentment between homes, making it emotionally safer for kids to move back and forth. It improves the psychological well-being of children, who don't become POW's. It fosters cooperative parenting, which means kids can't play one home against the other. And it reduces stress in a couple's relationship, strengthening their marriage. Yeah, I'd say it's well worth it. For FamilyLife Blended, I'm Ron Deal.

Announcer: To find out more visit familylifeblended.com.

FamilyLife Blended with Ron Deal is a production of FamilyLife®.

We are so happy to provide these transcripts to you. However, there is a cost to produce them for our website. If you've benefited from the broadcast transcripts, would you consider donating today to help defray the costs?

Visit <http://www.familylifeblended.com/donate>.

Copyright © 2022 FamilyLife®. All rights reserved.

www.FamilyLife.com