

FamilyLife Blended® Radio Transcript

References to conferences, resources, or other special promotions may be obsolete.

Double Check Your Attitude (day 1 of 5)

Air Date: October 19, 2022

Ron: High Cholesterol is bad for your body, right. Well here's a tip for reducing the cholesterol in your marital heart: Double check your attitude.

Announcer: For FamilyLife Blended®, here's Ron Deal.

Ron: Research clearly shows that unhappy couples in blended families have a lot of cholesterol in how they deal with each other. They're moody, controlling, and stubborn. But vibrant couples are considerate of one another and sacrificial. Each lives and loves on behalf of the other. Or maybe I should say on behalf of their "Usness".

You see, healthy marriages are made in part by two people who are mindful that what they say and do and how they act day in and day out contributes either to a healthy "Usness" or takes away from it. Do you want a healthy blended marriage? Love large with your whole heart, cholesterol free. For FamilyLife Blended I'm Ron Deal.

Announcer: To find out more visit familylifeblended.com.

FamilyLife Blended® with Ron Deal is a production of FamilyLife.

We are so happy to provide these transcripts to you. However, there is a cost to produce them for our website. If you've benefited from the broadcast transcripts, would you consider donating today to help defray the costs?

Visit <http://www.familylifeblended.com/donate>.

Copyright © 2022 FamilyLife®. All rights reserved.

www.FamilyLife.com