## FamilyLife Blended® Radio Transcript

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## **Guide, Guard, & Direct**

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**Ron:** Kids in stepfamilies go through a lot. Which is one reason their parent can become overprotective.

**Announcer:** For FamilyLife Blended®, here's Ron Deal.

**Ron:** This stepdad I know just poured out his heart. He said, "My wife is so protective of her kids. She blocks me from asking them to do things and goes behind my back."

Hey parents, I get it. When your child has been through a lot you want to protect them. But when you continually guide, guard, and direct the stepparent or defend your kids at all costs, well, you're just causing a new set of problems and ironically, hurting your kids. You see, when you treat them as fragile you keep them fragile. No, if you really want to help your kids, be their parent, not their overprotector. For FamilyLife Blended, I'm Ron Deal.

**Announcer:** To find out more visit familylifeblended.com.

FamilyLife Blended® with Ron Deal is a production of FamilyLife.

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