

# FamilyLife Blended® Radio Transcript

*References to conferences, resources, or other special promotions may be obsolete.*

## Facing a Marital Crisis

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**Ron:** How do you save a struggling marriage?

**Announcer:** For FamilyLife Blended®, here's Ron Deal.

**Ron:** Well, obviously, I can't speak to specific circumstances, but in general I want you to do two things: First, speak out of your desire for the relationship not your anger at the person. You don't say, "You don't care about me." Instead say, "I miss us. I want to figure this out."

And second, if you're really stuck, you need a marriage therapist. You need more than a book or a coach or even a conference. You need someone really trained to handle marital issues. I know you're thinking, really? Well, if you could fix it on your own you probably would have already. It may take you awhile to find the right therapist, but you know what? Your marriage is worth it. For FamilyLife Blended I'm Ron Deal.

**Announcer:** To find out more visit [familylifeblended.com](http://familylifeblended.com).

*FamilyLife Blended with Ron Deal* is a production of FamilyLife.

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