FamilyLife Blended® Radio Transcript

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Ruthlessly Eliminate Hurry

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Ron: Do you ever feel like your phone runs your life?

Announcer: For FamilyLife Blended®, here's Ron Deal.

Ron: It's interesting, the structure of our lives used to manage our boundaries for us. When we left work, we left work at work, and went home. Now, technology has erased those boundaries; we can access email and work documents anywhere in the world...and we do—even feel obligated to. And what suffers are all the relationships that we set aside to go online.

To grow spiritually Dallas Willard once said that we need to "ruthlessly eliminate hurry" from our life. "Technological hurry" keeps us from being still and knowing that He is God…from talking at the dinner table…from finding rest for our souls. For FamilyLife Blended, I'm Ron Deal.

Announcer: To find out more visit familylifeblended.com.

FamilyLife Blended with Ron Deal is a production of FamilyLife.

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