

FamilyLife Blended® Radio Transcript

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Helping the Grieving (Proverbs 25)

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Ron: “Don’t worry, be happy” is not always the best song to sing.

Announcer: For FamilyLife Blended®, here’s Ron Deal.

Ron: When someone we love is hurting a “get-happy” pep talk is not the way to help. Proverbs 25 says, “Singing songs to someone who is sad is like taking away his coat on a cold day or pouring vinegar on his wounds.” Hey, don’t offer simple platitudes or theological sermons to take their pain away. Offer a hug. Sit in the pit with them, cry, and show them they’re not alone.

In stepfamilies, kids need a hug when they’re missing a parent; and parents or stepparents when they feel worried about a child or left out. On a cold day, don’t take away someone’s coat. Give a warm hug. For FamilyLife Blended I’m Ron Deal.

Announcer: Find more at familylifeblended.com.

FamilyLife Blended with Ron Deal is a production of FamilyLife.

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