

FamilyLife Blended® Radio Transcript

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Don't Look Now

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Ron: Okay, whatever you do, don't look now.

Announcer: For FamilyLife Blended®, here's Ron Deal.

Ron: When you want to alert someone to something without making it obvious, you say, "Don't look now," as in "Don't look now, but we're being followed." As Christians, I say let's commandeer this phrase to help keep our minds focused on what is best. "Don't look now, but you're talking to your spouse and a very attractive person is walking by." Don't stare at that person's body parts or clothes or house or stuff...it will just make you discontent. And don't look at your phone when a notification interrupts a conversation with a real live person.

Discipline your eyes. Protect your mind. Focus your heart. For FamilyLife Blended, I'm Ron Deal.

Announcer: To find out more visit familylifeblended.com.

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