

FamilyLife Blended® Radio Transcript

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Moving Toward You

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Ron: In the movies—and life—scary music means it's time to run!

Announcer: For FamilyLife Blended®, here's Ron Deal.

Ron: Have you ever been frustrated trying to motivate somebody—an employee, a friend, a child? The notable therapist, Edwin Friedman said, “People can only hear you when they are moving toward you, and they are not likely to do that when your words are pursuing them...” People are moving toward you when they trust you and find you to be safe. But, critical words or a negative spirit pursues them. It chases them away. And when they are moving away from you they can't hear anything you have to say.

Want to improve a relationship? Change the music coming out of you—something peaceful and inviting—and see if they don't turn around. For FamilyLife Blended, I'm Ron Deal.

Announcer: To find out more visit familylifeblended.com.

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