

FamilyLife Blended® Radio Transcript

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Repeating the Patterns of the Past

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Ron: Are you blindly repeating the patterns of the past?

Announcer: For FamilyLife Blended®, here's Ron Deal.

Ron: As I get older I've become more aware of the patterns in my family—the ones I want to repeat and the ones I don't. You know, it's funny. I've known about many of the patterns but I didn't realize how deep they were in me. We say we become more like our parents as we age but maybe we just become more aware that we've always been like our parents. By the way, your spouse and friends have tried to tell you that but you just didn't have ears to hear.

Whether it's a generational family pattern or a behavior that you've carried from relationship to relationship, stop focusing on and blaming others. Look in the mirror and decide, keep it or change it. For FamilyLife Blended I'm Ron Deal.

Announcer: To find out more visit familylifeblended.com.

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