

FamilyLife Blended® Radio Transcript

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Take Off, Put On (Ephesians 4)

Air date: February 11, 2021

Ron: Out with the old and in with the new. But where do you start?

Announcer: For FamilyLife Blended®, here's Ron Deal.

Ron: The Bible, in Ephesians 4, calls Christians to take off the old self and put on the new. That's really intimidating to me. A new righteous and holy self? How do I do that? Well, be renewed in the spirit of your minds, Paul says.

So maybe we should try this: Make a list of attitudes and behaviors that you need to take off. I know, that's a pretty ugly list, but you have to identify them, right? Then review the fruit of the Spirit in Galatians 5:22. The goal is to renew your mind. Take off the old and put on the fruit. I'll give you some examples this week, but get started with your list today. Build your list of attitudes to take off. For FamilyLife Blended I'm Ron Deal.

Announcer: To find out more visit familylifeblended.com.

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