

FamilyLife Blended® Radio Transcript

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Well Worth the Effort

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Ron: Healthy co-parenting is hard. So, is it worth all the hard work?

Announcer: For FamilyLife Blended®, here's Ron Deal.

Ron: Maybe you've heard of co-parenting. It's increasingly common these days, and takes place, for example, between ex-spouses or when a single parent and grandparent are working together. When we get it right, there are a lot of benefits.

It reduces loyalty conflicts in children. It decreases resentment between homes, making it emotionally safer for kids to move back and forth. It improves the psychological well-being of children, who don't become POW's. It fosters cooperative parenting, which means kids can't play one home against the other. And it reduces stress in a couple's relationship, strengthening their marriage. Yeah, I'd say it's well worth it. For FamilyLife Blended, I'm Ron Deal.

Announcer: To find out more visit familylifeblended.com.

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