

# FamilyLife Blended® Radio Transcript

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## Lock Out

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**Ron:** Is your family playing the game of Lock Out?

**Announcer:** For FamilyLife Blended®, here's Ron Deal.

**Ron:** When I was a kid, we played a simple game I call Lock Out. A group of us would circle up and link arms and someone on the outside would try to break into the circle. The more the outsider pushed, the more the circle banded together to keep them out. Sometimes stepfamilies play this game, too. An outsider stepparent or stepsibling is trying to break into the circle of insiders and find acceptance.

Now, the secret to getting inside is to not push; they just close ranks if you do. Instead, walk up next to them and just stand there. Talk, interact, and get to know them. Eventually the insiders will relax and let you in. For FamilyLife Blended I'm Ron Deal.

**Announcer:** To find out more visit [familylifeblended.com](http://familylifeblended.com).

*FamilyLife Blended with Ron Deal* is a production of FamilyLife. Help for today. Hope for tomorrow.

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