

# FamilyLife Blended® Radio Transcript

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## New Year Resolution (Colossians 3)

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**Ron:** Now here's a resolution for you. Colossians 3 says, "Set your mind on things above."

**Announcer:** For FamilyLife Blended®, here's Ron Deal.

**Ron:** You know the way to reach your goal is to set your mind to it. You see, God knows how we are wired and what it takes to create change in our lives. Whatever you think about or dwell on is what you tend to become.

If you tell a child, "Don't spill your milk." Guess what they are thinking about now? You just made it more likely they will spill their milk. Instead say, "Walk slowly and hold your milk with two hands." Set their mind on what you want. The same goes for you and me and the resolutions that we've made for ourselves. Of course, setting your mind on the things of God is always a good resolution, too. For FamilyLife Blended I'm Ron Deal.

**Announcer:** To find out more visit [familylifeblended.com](http://familylifeblended.com).

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