

FamilyLife Blended® Radio Transcript

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Parenting Troubled Emotions—1

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Ron: When our kids are troubled, it troubles us.

Announcer: For FamilyLife Blended®, here's Ron Deal.

Ron: Kids are bothered about lots of things: Friends, grades, family struggles, finding their place in the world. It's all very real for them. And we as their parents don't like to see them hurting which is one reason we're tempted to minimize their troubled emotions. "I'm sure she didn't mean it." "Don't worry about that, missing the ball; it's just a game." Think about what's happening here. We're trying to talk our child out of feeling bad. Does that work with you?

So here's what you do. Calm yourself as you listen, so you can calm them. Acknowledge their concerns. Don't minimize them. Then pray with them and hug them to show them how concerned you really are. Then, who knows, they might even let you give them a little advice! For FamilyLife Blended, I'm Ron Deal.

Announcer: To find out more visit familylifeblended.com.

FamilyLife Blended with Ron Deal is a production of FamilyLife, of Little Rock, Arkansas. Help for today. Hope for tomorrow.

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