## FamilyLife Blended® Radio Transcript

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## **Maintain Touch-Points**

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Ron: When someone you care about becomes unavailable to you, what do you do?

Announcer: For FamilyLife Blended®, here's Ron Deal.

**Ron:** Well, what most of us do is find a way to voice our hurt. You know, we get angry or critical or pursue more attention. When a stepfamily forms kids often lose connection with their parent who is understandably invested in a new marriage and kids might get angry or uncooperative to voice their hurt.

So, parents, maintain touch-points with your children. You know, those little rituals that communicate love and closeness like a special look or phrase that you share. Or a bedtime story or activity that keeps you connected. And when you can't be together physically you can always make use of technology—video chat, texting, or a phone call. For FamilyLife Blended, I'm Ron Deal.

**Announcer:** To find out more visit familylifeblended.com.

FamilyLife Blended with Ron Deal is a production of FamilyLife, of Little Rock, Arkansas. Help for today. Hope for tomorrow.

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