

# FamilyLife Blended® Radio Transcript

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## Finding Your God-Esteem

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**Ron:** When someone is beating you down, how do you stand up?

**Announcer:** For FamilyLife Blended®, here's Ron Deal.

**Ron:** I hate to say it, but at some point in our lives, nearly all of us have to work with, live with, or live in connection with someone who is critical or condescending. Whatever it is, it's a shot to your self-esteem.

Have you ever noticed that self-esteem is fragile and fleeting? No, I think God-esteem is much better. It says I am somebody, not because of my great accomplishments, but because of what God is accomplishing in me. Through Jesus I am bought, loved, forgiven, and accepted—a child of the King. Now, that is a bottomless well of worthiness that I can draw from so I can love others. For FamilyLife Blended, I'm Ron Deal.

**Announcer:** To find out more visit [familylifeblended.com](http://familylifeblended.com).

*FamilyLife Blended with Ron Deal* is a production of FamilyLife, of Little Rock, Arkansas. Help for today. Hope for tomorrow.

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