

FamilyLife Blended® Radio Transcript

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Managing Yourself

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Ron: Good parenting is in part about managing your children. But often more about managing yourself.

Announcer: For FamilyLife Blended®, here's Ron Deal.

Ron: Hector's daughter really pushed his buttons. She was direct, and assertive, and questioned a lot of his decisions. All of which made him overreact to the point of crushing her spirit. Yes, parenting is about strategies, but it is also about managing what goes on inside us. Hector figured out that assertiveness threatened him, so people like his daughter and his ex-wife, really pushed his buttons.

Now, overreacting didn't work out with his ex and if he didn't want the same result with his daughter, he was going to have to change how he responded. Hey, if you can't manage yourself what makes you think you can manage your kids. For FamilyLife Blended, I'm Ron Deal.

Announcer: To find out more visit familylifeblended.com.

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