

# FamilyLife Blended® Radio Transcript

*References to conferences, resources, or other special promotions may be obsolete.*

## Adapt as Needed (day 5 of 5)

Air Date: October 25, 2019

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**Ron:** Fighting barriers in your marriage? Well, here's another tip for reducing the cholesterol in your marital heart: Adapt to life, as needed.

**Announcer:** For FamilyLife Blended®, here's Ron Deal.

**Ron:** You know, life has a way of throwing us curves and when it does flexible people find a way to adapt. Cholesterol free couples, for example, get creative in handling their differences or compromise to work through a disagreement. But it is more than just that. They are willing to change themselves if necessary in order to grow through a circumstance.

But the cholesterol of rigidity and stubbornness keeps other couples stuck. They aren't willing to change or consider the other's point of view. They just keep beating their head against the same wall expecting it to move. Do you want a healthy blended marriage? Ask God to give you a flexible heart and be willing to adapt together. For FamilyLife Blended I'm Ron Deal.

**Announcer:** To find out more visit [familylifeblended.com](http://familylifeblended.com).

*FamilyLife Blended with Ron Deal* is a production of FamilyLife, of Little Rock, Arkansas. Help for today. Hope for tomorrow.

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