

FamilyLife Blended® Radio Transcript

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Listen With the Intent to Understand (day 2 of 5)

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Ron: We all know that high cholesterol is bad for you, right? Well, here is another tip for reducing the cholesterol in your marital heart. Be a really good listener.

Announcer: For FamilyLife Blended®, here's Ron Deal.

Ron: Listening is one of the most important and, honestly, one of the most difficult skills of marriage. What's hard, I think, is listening beneath your spouse's words to how they feel and what the statement really means to them. All while not making assumptions or listening through a filter of what it means to you. Good listeners work really hard at understanding their spouse.

Hey, listening is costly. Everyone has something to say but really good lovers discipline themselves to listen instead. Do you want a healthy blended marriage? Listening will help you love large with your whole heart, cholesterol free. For FamilyLife Blended I'm Ron Deal.

Announcer: To find out more visit familylifeblended.com.

FamilyLife Blended with Ron Deal is a production of FamilyLife, of Little Rock, Arkansas. Help for today. Hope for tomorrow.

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