

FamilyLife Blended® Radio Transcript

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Be Gentle in Your Assertiveness

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Ron: Try being gentle in your assertiveness.

Announcer: For FamilyLife Blended®, here's Ron Deal.

Ron: You know, good Christians somehow think being assertive is a bad idea. Well, I think the problem is more about how you deliver your assertiveness. Most people are kind of rude in their tone, even angry. So, try being gentle in your assertiveness.

With a friend, "Hey, next time, ask me before you post something personal about me." Or with a former spouse you might calmly say, "Please stop sharing your opinions about my family with our child. You're putting him in the middle and I know you don't want to hurt him. Thanks." It's okay to be assertive—even Jesus was assertive. Just take out the rude and put in the gentle. In love, speak the truth. For FamilyLife Blended I'm Ron Deal.

Announcer: To find out more visit familylifeblended.com.

FamilyLife Blended with Ron Deal is a production of FamilyLife, of Little Rock, Arkansas. Help for today. Hope for tomorrow.

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