

FamilyLife Blended® Radio Transcript

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Changing the Rules

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Ron: “Mom, you always let me go before. You’re just saying, “No’ now because he wants you to.”

Announcer: For FamilyLife Blended®, here’s Ron Deal.

Ron: You know, kids are really good about buying us tickets for a guilt trip. I mean, guilt is one of the child’s best tools for getting what they want, right? And it can be especially effective in stepfamilies. You’ve brought a stepparent into their lives and now the rules are changing. If you as the parent feel a little guilty about it the child can capitalize on your guilt.

So, what do you do? Well, first strive for unity as a parenting team at all costs. And then admit that things have changed but don’t give in. You might say, “You’re right. Some rules have changed and I’m sure that’s confusing for you. But this is the new rule and I expect you to follow it. Love ya!” For FamilyLife Blended I’m Ron Deal.

Announcer: To find out more visit familylifeblended.com.

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