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Co-Parenting: Healthy Attitudes

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Ron: Do you have an attitude problem?

Announcer: For FamilyLife Blended®, here's Ron Deal.

Ron: When it comes to co-parenting you need a good attitude. Remember you're on the same side. Parenting between homes is by nature an adversarial process; co-parenting needs to be a cooperative one. To get you there, you've got to remind yourself that you're on the same side—the side of the child. You're trying to bless your child emotionally, spiritually, and behaviorally, not get your way.

And here's another attitude: Unless proven otherwise, presume the other home is competent to function without you. This means respecting their boundaries, giving up control, and letting them do things their way. You know, parents need good attitudes, too. For FamilyLife Blended, I'm Ron Deal.

Announcer: To find out more visit familylifeblended.com.

FamilyLife Blended with Ron Deal is a production of FamilyLife, of Little Rock, Arkansas. Help for today. Hope for tomorrow.

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