

FamilyLife Blended® Radio Transcript

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Stepmom: Keep Your Girlfriends

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Ron: After getting married one big mistake that stepmoms make is eliminating girlfriends.

Announcer: For FamilyLife Blended®, here's Ron Deal.

Ron: Don't get me wrong. Every newlywed needs to give considerable time and attention to their new marriage. But Laura Petherbridge who is a speaker and author of the book, *The Smart Stepmom*, she says that stepmoms need outside friendships to keep perspective on who they are and to stay encouraged. She says stepmoms sometimes feel lost in their new role and they may get down on themselves. But "time laughing with friends can encourage her for the road ahead."

Now adding a few stepmom friends that is also helpful. A couple of hours with people who know and love you as you, not "the wicked stepmother," that will feed your soul and strengthen your heart. For FamilyLife Blended I'm Ron Deal.

Announcer: To find out more visit familylifeblended.com.

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