

# FamilyLife Blended® Radio Transcript

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## Internalized Attack (Proverbs 12:18)

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**Ron:** When you attack your kids other parent watch out. Your kids may feel attacked, too.

**Announcer:** For FamilyLife Blended®, here's Ron Deal.

**Ron:** Okay, that psychological truth is pretty sobering to me. Because I've been angry with my wife and I've said things in front of our kids that I later realized hurt them, too. Here's the thing. Kids inherently know they are partly us so when one parent says, "Your father is late again. He's so irresponsible." The child thinks, "Well, sometimes I'm late so I must be irresponsible and I must be a disappointment to my mom."

Now, when kids are living between divorced parents their vulnerability to this dynamic goes up considerably. Proverbs says, "The words of the reckless pierce like swords." Be careful what you say or you may pierce the innocent. For FamilyLife Blended I'm Ron Deal.

**Announcer:** To find out more visit [familylifeblended.com](http://familylifeblended.com).

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