

# FamilyLife Blended® Radio Transcript

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## Accept What You Can't Change

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**Ron:** "But Ron, what do you do about all the things that you can't control?" Well, here is one more tip for managing strep-stress at the holidays. Do what you can and accept what you can't change.

**Announcer:** For FamilyLife Blended®, here's Ron Deal.

**Ron:** Honestly, this tip may be the most difficult for co-parents. After all, you've contacted the other home, tried to be reasonable, cordial, and cooperative to the best of your ability and they still won't meet you in the middle. It can be extremely frustrating sometimes.

So what do you do? Bend when you can bend but say no when you have to and stick to your guns. And in all things repay evil with good. As for all the other little irritating things, you can't control? For the well-being of your kids, you may just have to grin and bear it. For FamilyLife Blended I'm Ron Deal.

**Announcer:** To find out more visit [familylifeblended.com](http://familylifeblended.com).

*FamilyLife Blended with Ron Deal* is a production of FamilyLife, of Little Rock, Arkansas. Help for today. Hope for tomorrow.

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