FamilyLife Blended® Radio Transcript

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Say What You Need

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Ron: Are you interested in stronger relationships? Here's a tip: Gently, say what you need.

Announcer: For FamilyLife Blended®, here's Ron Deal.

Ron: We all have needs in relationships. But instead of actually expressing the need, we'll beat around the bush. A spouse will barrage their mate with an avalanche of words, but never simply say, "I need more time with you."

A teenager will stay out late, break a few rules, and be obstinate instead of saying to their parents, "I don't like who I am; I need more encouragement from you." Or a stepparent who feels rejected by a stepchild might withdraw from them instead of admitting that they feel awkward and want to find a way to get along. Hey, being direct and transparent can be clumsy but getting to the point makes connection far more likely. For FamilyLife Blended, I'm Ron Deal.

Announcer: To find out more visit familylifeblended.com.

FamilyLife Blended with Ron Deal is a production of FamilyLife, of Little Rock, Arkansas. Help for today. Hope for tomorrow.

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