

FamilyLife Blended™ Radio Transcript

References to conferences, resources, or other special promotions may be obsolete.

Marriage: Pick Me Up and Hold Me

Air date: March 16, 2017

Ron: Now here's a funny one: sometimes, when we're feeling insecure in our marriage, we yell at our spouse so they'll come closer. Yeah, right!

Announcer: For FamilyLife Blended™, here's Ron Deal.

Ron: Getting negative when we really just want to be held—it's human nature, I think. We're kind of like my dog that barks at people when they come to the door and greets them with their teeth showing. I know all she wants is for them to pick her up and hold her, but they think she's attacking.

So here's what you do: put your teeth away and stop barking. Calm yourself and present your need in a way that it can be received. Something like, "I've been feeling a little disconnected lately. Any chance we can spend some time together?" Go on, give it a try, and see what happens. For FamilyLife Blended I'm Ron Deal.

Announcer: To find out more visit familylifeblended.com.

FamilyLife Blended with Ron Deal is a production of FamilyLife, of Little Rock, Arkansas. Help for today. Hope for tomorrow.

We are so happy to provide these transcripts to you. However, there is a cost to produce them for our website. If you've benefited from the broadcast transcripts, would you consider donating today to help defray the costs?

Visit <http://www.familylifeblended.com/donate>.

Copyright © 2017 FamilyLife. All rights reserved.

www.FamilyLife.com