

# FamilyLife Blended™ Radio Transcript

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## Stepparenting: Occasionally Bow Out

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**Ron:** Hey stepparents, did you know you're the competition?

**Announcer:** For FamilyLife Blended™, here's Ron Deal.

**Ron:** Ok, that might be a bit of an overstatement, but sometimes it feels that way to kids. They're competing with you for time and attention with their parent. And, honestly, on occasion, they need some focused time with their parent without you. It brings stability in the midst of a lot of change. So, what do you do?

Well, give your spouse your blessing to spend one-on-one time with their kids; and you're going to be okay. And you can be involved in some family activities, but bow out of others, especially when noncustodial children come for the weekend and only have a little bit of time. All of this diminishes the competition in your home and shows you to be a safe person. For FamilyLife Blended, I'm Ron Deal.

**Announcer:** To find out more visit [familylifeblended.com](http://familylifeblended.com).

*FamilyLife Blended with Ron Deal* is a production of FamilyLife, of Little Rock, Arkansas. Help for today. Hope for tomorrow.

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